

Use a **black-ink ballpoint pen** to add quantity information. Before filling the Mylar bag with food, attach the label to it using 2" clear packing tape. Put the label under the tape and then wrap the tape around the bag so it attaches back onto itself.

By using this method, the label can stay legible and remain attached to the bag for many years.

Food Type: _____

_____ **Cups /** _____ **Approximate Weight**

Date Packed: ____ / ____ / 20 ____

Packed By: _____

Food Type: _____

_____ **Cups /** _____ **Approximate Weight**

Date Packed: ____ / ____ / 20 ____

Packed By: _____

Food Type: _____

_____ **Cups /** _____ **Approximate Weight**

Date Packed: ____ / ____ / 20 ____

Packed By: _____

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Packed By: _____